

The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

SEPTEMBER 2009
Volume 50, Number 8

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**October 2009 Issue
Deadline**

Sunday September 13, 2009

Submit articles to:
submission@uucfl.org

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A Center for
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Fort Lauderdale

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Church of Ft. Lauderdale

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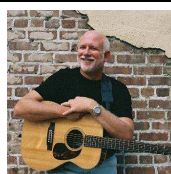
www.uucfl.org

Established in 1958

Celebrating Our 50 Year Jubilee

Cooperative Feeding Program Workday
Saturday, September 5 - 8:00 am

See article on page 7



**Labyrinth Café Kicks Off New
Concert Season**

Saturday, September 12 - 7:30 pm
Doug Spears/Grant Peeples

More Details on Page 6



Annual Water Service

Sunday September 13 - 11:00am

Bring your collected waters and water related summer stories to
share for this favorite UU ritual of ingathering.
Flow over to Sunday Services on Back Cover for more info

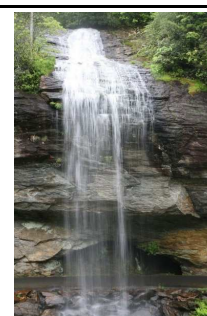


Photo by Amy Steinmetz



Pagan Pride Day and Mabon Festival

Saturday September 19 - 12:00 noon

Article on Page 6 has more

New Monthly Enrichment Program
Sunday, September 20 - 1:00pm
You are Invited - Make New Connections
Read more on Page 2



Bingo for Fun and Practice

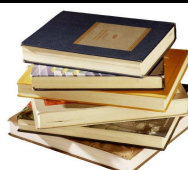
Friday, September 25 - 7:00pm

See article on Page 7

**FIRESIDE PICNIC FOR
COOPERATIVE FEEDING**

SATURDAY SEPTEMBER 26 - 5:00 PM

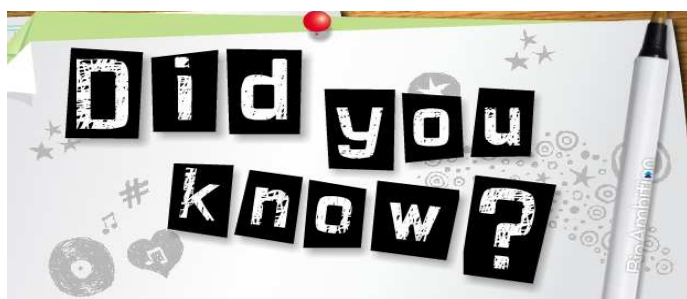
GET INFO ON PAGE 5



Book Discussion Group Returns

Sunday September 27 - 12:45 pm

Turn to page 5 to learn more



That you can subscribe to the monthly UU Florida District e-newsletter? This provides inspiration from our district executive, Kenn Hurto, and lots of information on Florida UU activities. It's a great way to broaden your knowledge of our religious movement. To subscribe, send an email to FloridaDistrictUUA@cfl.rr.com

Coming in October: "Transformative Tuesdays"



Join Rev Gail and DRE (Director of Religious Education) Susan for fabulous adult education, delicious food, and quiet meditation. Rev Gail is offering "Religion and the Arts", and DRE Susan will be leading "Heart to Heart". We will start on October 6 and go through November 24. Watch for the brochure. Don't miss the opportunity to transform and be transformed!

Rev Gail and Susan Friend

A New Way for You to Connect

Our new Monthly Enrichment Program will meet Sunday, September 20 1:00pm in the Multipurpose room .

Join members, guests and friends each month for lively discussions on meaningful topics with an array of different people leading the group.

September's topic:

"Connections" facilitated by Myra Symons-Kazanci. No pre-reading or other preparation required. Just bring yourself and your cUUriosity!



Prez Says

I am so impressed that 26 members (including soon-to-be members) spent the afternoon of August 9 discussing UUCFL events and priorities for the coming year. It gave us an excellent chance to learn about how events get posted to our facilities calendar, which is coordinated by Sandy Walker, and our website calendar, which is coordinated by Kip Barkley. The first part of the session reviewed the UUCFL calendar for the coming 12 months.



In the second part, Rev. Kathy Schmitz of the UU Congregation of Miami helped us identify goals for five areas of congregational life. The following goals were identified by the participants for these five areas:

1. Worship Goals: Music overhaul and Increased lay participation.
2. Lifespan Faith Development Goals: Promote and support regular spiritual practice and Intentionally live our values.
3. Congregational Community Goals: Increase young adult involvement, Increase Volunteerism, Acknowledge people, and Connect people.
4. Outreach and Connection to the Wider Community Goal: Acknowledge the many ways members of the congregation are involved in the boarder community.
5. Administration, Governance & Infrastructure Goals: Revise bylaws, Manage the membership database, and Conduct regular assessment of church activities.

Rev. Gail and some of your trustees met later in August to identify follow-up actions from this session.

Starting in September, we have a new congregation using our Sanctuary on Saturday mornings. As noted in Sandy's *Office Notes* (see page 8), the New Sinai Seventh Day Adventist Congregation will kick off their use of our sanctuary on Friday, September 4. They will be here on most Saturday mornings, and occasionally on Friday nights, and for other special events. We will retain the option of using the Sanctuary for a few Saturdays during the year for other events, such as our annual rummage sale.

Our new renter provides a financial boost, and if you check out the calendar in the Journey, you should be able to find a UUCFL program - from Labyrinth Café to Adult Religious Education to knitting - that will give you a boost this fall.

Ken Beier

Membership Committee Video Presentation "Breakthrough Congregations" Part 1 Sunday, September 6 - 1:00pm

Join us as we share ideas on how to make our beloved community even more wonderful.

Mary Bardis—Membership



Rev. Gail's Space

Living to Learn, Learning to Live

Some of you may wonder why year after year, I spend a chunk of my valuable professional funds to wander off to Santa Fe, New Mexico to take seminars on obscure religious texts for no credit. Well, there are many reasons both professional and personal why experiences like this are so important to me. While I studied a lot about world religions in seminary, most of the classes I took did not expose us to a lot of primary texts.

Even Harvard thinks its graduate students are not quite up to being left alone to wrestle with the original texts of the Hebrew and Christian scriptures, the Koran, the Ramayana of Hinduism or the Pali Canon of Buddhism. I am talking about English translations, not even the original languages. St. John's College from which I have a Master's Degree in Liberal Education, has a different philosophy. It is their habit to turn both undergraduates and graduate students loose to grapple with challenging texts with the guidance of a tutor or two. Often these tutors, although trained scholars, offer seminars in disciplines other than their main area of expertise. The assumption is that any bright lay person who is willing to read something several times and engage in serious dialogue for several hours with other serious readers can get almost any text to yield up its secrets.

I find this process to be so seductive and exciting that I get a literal high from the experience. I have explored texts from Hinduism, Taoism and Buddhism for the last two summers and I will be sharing some insights with you in sermons this year. However, even more important, by being a student again, I have developed renewed interest in and excitement for teaching. It has been shown in study after study that developing a habit of life long learning and exercising our brains contributes as much or more to longevity and late life health as good nutrition and physical exercise.

DRE Susan Friend and others are working with me this year to help turn our church community into a true place for exercising our brains and our conscience. We hope that all of you catch the learning bug. Our Transformative Tuesday Program of classes, meditation and dinner conversation will be part of that learning journey. Our new Sunday enrichment program will be another key component. By offering an inexpensive but nourishing lunch every Sunday, we hope to lure more of you into staying for discussion groups, book groups, presentations and films. Our hope is that some of these offerings will focus on physical, mental, emotional and spiritual health and some will focus on ways to be informed and active in issues in the larger world. On Sept. 20, I will be preaching a sermon called "The Chautauqua Community" that will talk about some of the models I am thinking of as we move in the direction of creating a loving community that is always living to learn and learning to live. May we be true to our heritage of taking pride in being open to new knowledge in all its forms. Stay tuned for the Transformative Tuesday brochure and the listing of Sunday offerings. Let us be students of life together and truly transform ourselves and our little corner of the world this year. Blessings on our journey.

Rev. Gail



RELIGIOUS EDUCATION (RE) NEWS

Director of Religious Education (DRE) - Susan Dirgins-Friend

Phone (954) 424-1910

Email tiredmomofbob@aol.com

Committee Meetings - Third Sundays of the Month—9:30am

I know it does not feel like it, but fall is upon us. Harvest, thankfulness, gratitude, and hopefully soon, cool weather. We have much to be grateful for here at UUCFL..

One of the things that I appreciate the most is the way that we work together, compromise, listen to others needs and points of view, and move forward together to make our church even better. An area that is of special interest to me is Intergenerational Worship. Most Sundays, the children of our church are sort of hidden away in the back. We would like to get them in church more often, and the Sunday Services Committee has made a commitment to see that this happens. Rev Gail has been most willing to create services that will be engaging for both adults and our children. September 13 is our traditional "Water Sunday" service, and it will be an Intergenerational service, with all children six(6) and older joining the adults for the entire service. Nursery will be available for those five(5) and under. It is a homecoming of sorts, with everyone returning from their summer travels, perhaps bringing some water from their destinations. Sometimes we share a story with symbolic water from our own UUCFL kitchen. The real point is to gather together and welcome each other back. I hope that it will be the first of many great experiences for our children in church. Perhaps the reason we have lost many of our young adults in the past was that they went from being in the back every Sunday to suddenly being thrust into church, and not really making the transition comfortably. There is nothing that reinforces what being a UU really means like seeing the big chalice being lit, singing "Spirit of Life" and saying our "Affirmation of Faith". I hope that everyone will welcome the children into service with open arms and open hearts-we will all gain so much.



Love and Blessings, Susan

Children's RE Calendar for September



Sunday September 6, 11AM

Labor Day
Kids Start in Class

Saturday September 12, 1PM-4PM

RE Teacher Training and Workshop
RE Committee Meeting will take place during the workshop

Sunday September 13, 11AM

"Water Sunday" Intergenerational Service
Children will join their families in church for the entire service
Nursery will be available for children 5 and under

Sunday September 20, 11AM

"Pinwheels of Peace" to Celebrate International Peace Day
Kids Start in Class

Saturday September 26, 5-10PM

Supper, Stories, and Bonfire

Come and listen to stories, spend time with Cooperative Feeding Program workers, and eat. A donation for dinner is being requested, and the proceeds will benefit CFP. Questions, see Sandy in the office.

Sunday September 27, 11AM

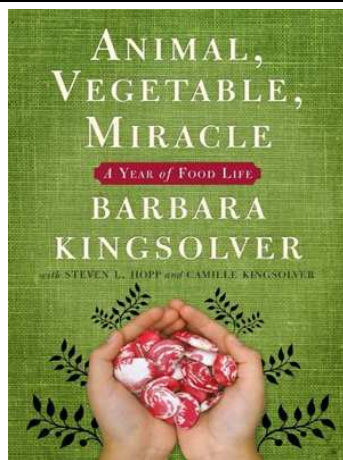
Yom Kippur
Kids Start in Class

Book Discussion

The UUCFL Book Group will gather on September 27th at 12:45 PM. Discussion will be on the book : Animal, Vegetable, Miracle by Barbara Kingsolver .

Come join us for a lively conversation.

Melanie Taffel

**The Website Calendar:**

Take a look at the front page of our uucfl.org website and you will see our Calendar of Coming Activities. Scroll down to see more events.

Click on any event and see more details. I add events to the calendar as I see them in the newsletter or as people tell me about them. When I have enough information, I create a special page like uucfl.org/earthday I work best with content sent to me in a format I can use without editing. I also post offsite events that are of general interest to our membership. If you don't see your input appear within a couple days, send it again. It got lost. Yes, I welcome help in spotting typos or things that don't look quite right. Take advantage of our website. Our guest are already viewing it.

Kip, Web Weaver

Fireside Picnic for Cooperative Feeding

On September 26 (The last Saturday of the month) there will be a Fireside Picnic to honor the 15-20 dedicated Workers at the Cooperative Feeding Program along with their Families. The event starts at 5:00 PM with a Picnic Dinner followed by Fireside Storytelling. Our UUCFL Community is invited and encouraged to attend. UUCFL folks are asked to tell Sandy/in the office, or Melanie Taffel, if they can attend. That way there will have plenty of food for all.

**Music Notes**

The choir retreat on August 22 was quite successful despite the fact that our director, David Fisher, was hospitalized and had to throw the ball to Dot. The retreat was somewhat shorter than originally planned leaving the "polishing" to David. Eleven singers attended and appeared to have fun. Regular rehearsals begin again on September 2 from 7 to 8:30 PM. There is still time for new singers to learn the music for Water Sunday, the first week that choir will sing.



Dot will be back from her most enjoyable two month break on Sunday, September 6. Many thanks to Bill Cox for carrying on the Sunday music with his classical selections. It has been a treat to listen to another pianist instead of having to prepare music every Sunday, but I'm ready to start again.

During August we were favored with some pre-service music provided by Charlie Prather who recently donated the organ to the church. In the past, I have played organ at various churches, but I will need some time to get my skills back after concentrating on piano music for many years. Eventually, you will hear Dot at the organ but not for a few weeks.

The Music Committee is busy preparing for some special events during the new church year. In November there will be a Jazz Concert. More details will be forthcoming in the October Journey. This event has been quite well attended in past years and is a highlight of our annual program.

Our own talented musicians will also be featured at regular services - Vernon Allen singing solos, Jerry Waltz playing guitar, and others to be announced later.

See you in church.

Dot Muise, Director of Music

H&R Block Fundraiser Continues

The H&R Block referrals via UUCFL member, Ken Wensel, have been a tremendous success with \$775 raised as of June 1. You can still participate in this program at any H&R Block location, if you will be filing your federal income tax return by October. The referral coupon can be accessed via the UUCFL website, www.uucfl.org. (Go to Downloads and Donations, and look for the heading, Other Fund Raising and Income Sources.)



H&R BLOCK

Save \$ with "Share Florida" Food Network

UUCFL is now part of the "Share Florida Food Network". This monthly nonprofit service allows you to order a variety of items through our participation as a "Host Site" for pick up of ordered items. Deadline for September Orders is the 9th with pickup date on the 26th.

We take orders Sundays after service and on Wednesdays from 2:00pm - 4:00pm in the Library. Pickup times will be 9:30am - 10:30am on the delivery dates and it is most important that you pick up your food at this time, as we have no means of storing it. No membership required and anyone can participate. Visit www.shareflorida.org to find out about monthly packages and specials.

Laura Lange and Susan Friend

Bylaws Task Force Meeting Sunday, October 25, 2009

The task force of those interested in working on changes in our bylaws will meet Sunday, October 25 from 9 to 10:30 a.m. at the church (room TBA). Please note this in your calendar and be there to review the changes that Myra Symons-Kazanci and Gary Ladka formulated last May. We will sort the changes into those that are substantial and those not so, and divide up into smaller groups to create lists of the pros and cons for each substantial item. We may even entertain other changes that are brought up at this meeting. Those who expressed an interest in this work at the May Congregational meeting are: Judy King, Melanie Taffel, Elaine Elle, Frank Shulman, Colette Saucier, Kip Barkley and Betty Highton. Of course Myra and Gary are welcome as well! Please contact me at 954-567-2677 or email at fdfisher@bellsouth.net.

David Fisher

**CUUPS Update**

Saturday September 19th we celebrate Pagan Pride Day and Mabon, the Festival of the Second Harvest. Starting at noon we have workshops, vendors, food, live music by Witch's Mark, and more. Come dressed in harvest garb, bring a picnic and your favorite beverage. Study Group continues with a different topic each week:
Sept 6: Story of Numbers,
Sept 13, Prison Ministry to Wiccans,
Sept 17, Pagan Pride and casting call for Mabon Ritual. Come out and play.

Kip, Resident Pagan

**Labyrinth Café Kicks Off New Season**

Don't miss our first amazing concert of the season!

Saturday, September 12, 2009 - 7:30 p.m.
Doug Spears/Grant Peeples

Blending elements of contemporary folk, Americana, bluegrass, country and folk rock, Doug Spears produces a sound that is fresh and new, yet immediately familiar. Painting lyrical images set to memorable melodies, delivered with a warm, unique guitar style and powered by rich vocals, seasoned performer and fourth-generation Floridian Spears has invested more than 30 years developing his distinctive craft. His writing captures the essence of the often joyous though sometimes difficult aspects of our lives and, of his home state, he sings of the unsung and often undiscovered heart of Florida that so few know and appreciate.



www.dougspearsmusic.com



In 1995 Grant Peeples divested himself of what he owned in America and moved to a remote Caribbean island off the coast of Nicaragua. After eleven years of official ex-patriot status, he sold the small hotel he had built there and returned to his native North Florida. And ever since, he's been writing and singing songs about what he found and faced upon his return home. He's a finger-in-your-eye songwriter. Biting, edgy and irreverent. Singing his thinking-man's songs in an articulate twang and growl. Part Prine, part McMurtry, part Che Guevara. Environmentally and politically charged, and yet there's poignant love songs, too. All of it swinging and crashing from the wry and witty... to the dark and angry.

www.grantpeeples.com

Reservations requested but not required:
Contact Myra at Myrafly@yahoo.com or
Susan at OzWoman321@aol.com or 954-478-8637

\$15 at the door, plus non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula); advance reservations: \$12, checks (made out to Doug Spears or Grant Peeples) received in the UU church office no later than Wednesday before Saturday show.

We're once again offering a season pass (\$100 per person), which includes admission to all 9 September-May shows, as well as a Labyrinth Café T-shirt (designed and printed by Virginia and Erik, Labyrinth Café volunteers) and premium reserved seating. It's a wonderful way to support the UU church, our performers and the continuation of live, original music!

Please visit www.labyrinthcafe.com for further details and the artists' websites, as well as www.myspace.com/labyrinthcafe for song samples!

Susan Moss - Labyrinth Café Concerts

BOARD BITES**What's Your Board of Trustees up to? :**

Our well-attended Strategic Planning Session held on the afternoon of August 9, 2009 focused on our calendar and goals for the coming year. Many voices expressed many good ideas. We left fired up about accomplishing our goals -- short-term and long. You will be hearing much more about this soon and we hope newcomers will jump right in! We need your input and your support. .

We have 14 standing committees here at UUCFL, everything from Building and Grounds, Ways and Means, Sunday Services and By-Laws. Think about where you can fit in -- what you'd like to see here at UUCFL and how you can help make that happen. We need you! Board meetings are the second Monday of every month at 7:00pm. You are welcome!

Looks like Bingo at our church may be on the horizon. We need volunteers both in operation of the games and advertising and promotion. Interested? Contact Gary Ladka.

You may have noticed that lunch is now available after services for a donation of \$2.00. Lunch consists of "make-your-own sandwiches", fruit and chips. This will facilitate your attendance at Sunday Forums. Stay tuned and listen for announcements.



Judy Knopp, Your Secretary

Living Our Faith

A committed group of volunteers has been doing some great work at the Cooperative Feeding Program. We started our monthly workday back in May, and have our next workday coming up on September 5. We gather at the church at 8AM to carpool over to CFP, and then we roll up our sleeves and go. Some weeks we work in the pantry, unpacking boxes, filling shelves, and making food boxes for the coming Monday morning. Other times we work in the kitchen, or on the meal serving line. There are jobs handing out juice and sandwiches. We have separated donated clothes and spent the morning handing them out to the clients. We have had some of the same folks volunteering each month, but we always have a few new faces. The work is very rewarding, and much appreciated. We had the delight of being told the last time we were there "Your group is the best volunteer group we have". The best part is that it is a great way to meet UUCFL people you may not have known, or get to know some of your friends even better. There is a sign up sheet in the back of the sanctuary or you can speak to me.



As the economy gets worse for some, the CFP is doing its annual drive for school supplies for its pantry families. We are taking this on as a church and RE project. There is a basket in the church lobby and a list with the supplies being asked for. Right now, Publix, Target and similar stores are having big sales on school supplies, so when you see the display, throw some things in your basket and bring them in. We can provide you with your own copy of the list if you want. Let us turn out big for the families who need our help.

Susan Dirgins Friend, Director of Religious Education

Bingo Fundraiser Practice Game for Fun—Friday September 25 - 7:00pm

As we are working on preparations for our upcoming Bingo Fundraising efforts, we are scheduling an evening of Bingo for Fun and Practice. This will be bring a prize/ win a prize night. Bring something to donate (unused) from your house - an item you want to re-gift, a batch of cookies, that kitchen gadget you never used, your unworn Jonas Brothers T-Shirt...be creative. These will act as our prizes for each game. Feel free to bring more than one item if you are inclined to. We will repeat this practice format a few times as we rehearse and get ready for the real thing. On these practice/fun nights, we will call the games just as we will when we open to the public and the prizes are cash. You will see that this is not just a great fundraising prospect, but we will all have lots of fun both working and playing together. Bingo will help us raise money to keep our church and programs strong and we urge you to get involved in this all church effort.

Please call or email me at 954-969-7221 or garylodka@mindspring.com.

Gary Ladka

Office Notes October 2009

Good wishes to all from the UUCFL Office.

For the gardeners among us, this begins the time to start seeds and nurture sprouts and cuttings that we will transplant, when hopefully, the weather will be a bit cooler. I am replanting more of the Lime Basil, and climbing Spinach, and I would like to try onions and mustard green. I hope it gets cool enough.

This Summer, folks have been filling the baskets intended for The Co-Operative Feeding Program. Recently, there have been more donations of old clothes than food.

Please remember clothes must be laundered and clean, and food must be non-perishable and unopened. Co-Operative Feeding sends us regular THANK YOU letters and I want to be sure to pass on their THANKS.

We have a Seventh Day Adventist Church as a new regular Saturday renter at UUCFL. The Church is named 'New Sinai' and the Pastor is Dr. Louima. They have access to The Sanctuary, and class-room 6, at 8:00 AM on Saturday mornings and, although their services end at Noon (or before), they are scheduled until 1:00 PM to clean and return the premises to the condition in which they found it. They will occasionally schedule additional dates and times for their Church activities. Our UUCFL Community welcomes these fine folks, and we wish them all goodness and prosperity.

Just a reminder. Please keep your eyes open when you are at the Church. Please be sure doors close properly behind you, and that they are locked, when you are the last person to depart the building. A very positive attitude is: *Safety First*.

Come by the office any time. Your thoughts and suggestions are welcome

Good wishes. **Sandy**



UUA Trustee Tidbits

In Tampa we have the good fortune of having Ron Hammerle as a friend. He has done much research on mega-churches, including attending Sunday services at several of them. He has come to a number of conclusions about what is universal with all of them and may be useful to us as we work to welcome guests and grow. This month I share some of Ron's findings. Thank you, Ron.

The single most effective step in growing a congregation is to bring a friend to church for either a topical interest group or a planned service. Mega churches are comprised and sustained by small, special interest groups. These small groups serve as leadership training places as well as provide fellowship. Most guests who become members do so because of their participation in small groups, rather than attendance at the regular service. Hymnals are not used; the words are projected on a screen and state of the art sound and video is present. The choirs of these churches consist of talented, well-prepared, semi-professional singers who are dressed casually. These churches feature contemporary, upbeat, melodic music and they use contemporary musical instruments, specifically not an organ. Although there is emphasis on making guests feel welcome it is not overdone...no proselytizing.

From Rick Warren, *The Purpose Driven Church*, which perhaps many of you have read, Ron has gleaned pearls of wisdom. It is important in leadership to be able to distinguish what is essential and what is not. In Warren's church each first-time guest receives a welcoming letter and an enclosed pre-paid postcard which contains three questions: 1) What did you notice first? 2) What did you like best? 3) What did you like least? Nearly 90% of the thousands responses to the first question received say the guest noticed the warmth and friendliness of the people. In addition Warren believes the church can drain the life out of people by committee work. There are no committees in his church, just different lay ministries. He says the difference is committees discuss it, ministries do it; committees talk and consider, ministries serve and care; committees discuss needs, ministries meet needs.

I visited one "mega-church" in August, Without Walls International in Tampa, totally devoted to the love and gospel of Jesus, led by a dynamic, charismatic woman. But the atmosphere was more like what I know of early evangelical revivals so perhaps attendance at another "more representative" church is in order. According to Ron, who also attended that Sunday, WWI is not a good representative mega-church. To be sure I learned little; it was loud, the congregants wandered in and out as the "spirit" moved them, and I observed no encouragement from the pulpit for congregants to think or question.

I wish all of you in our Florida congregations a good and meaningful year as you pursue excellence and your work in social justice. You can reach me at jlund@uua.org or 813-931-9727. I look forward to hearing from you.

Joan Lund, UUA Florida District Trustee



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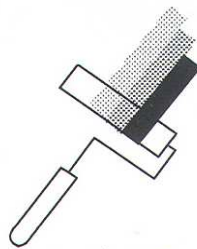
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September Birthdays

Paige Breen Page 9/4
Sandy Walker 9/5
Phoenix (Lesa) Cockerham 9/8
Bob Wilhelm 9/12
Eliza Fendell 9/15
Bob Zumstein 9/22
Alfredo Tamburrino 9/28
Joel Hegberg 9/29
Suzannah Ryals-Lunenburg 9/29



If you would like to see your birthday announced here and in the cUUrious cUUrier email newsletter, please contact Sandy in the office to make sure we have your updated information in the computer

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Did You Know?

Did You Know that you can see and print
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in Full Color!!? It's true.

Visit www.uucfl.org and Click on "Enjoy The Journey"

Gary Ladka—Your Humble Editor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>  <h1>September Calendar</h1> <p>Visit our on line calendar for late-breaking events www.uucfl.org and click “Coming Activities”</p> </div>						
Every Sunday : 11:00 AM- Church Service and Children’s Religious Education		1 5:30pm—Gentle Yoga	2 •10:30am - Chair Yoga •7:00pm - Knitting Class with Melanie •7:00pm - Choir Rehearsal	3 7:30 pm CUUPS	4	5 8:00am—Cooperative Feeding Program Workday (See page 7)
6 •9:30am-UU Sisterhood •1:00pm—Membership Committee presents “Breakthrough Congregations” DVD Part 1	7 •7:30pm - Peaceful Meditation	8 5:30pm—Gentle Yoga	9 •Share Florida Order Deadline •10:30am - Chair Yoga •7:00pm - Knitting Class with Melanie •7:00pm - Choir Rehearsal	10 7:30 pm CUUPS	11	12 •7:30am Building & Grounds Workday •1:00pm RE Teacher Training/Committee Mtg •7:30pm Labyrinth Café Doug Spears/Grant Peebles (see page 6)
13 Journey Submission Deadline •11:00am—Annual Water Sunday Service •12:45pm—Membership Committee	14 7:00pm - Board Meeting	15 5:30pm—Gentle Yoga	16 •10:30am - Chair Yoga •7:00pm - Knitting Class with Melanie •7:00pm - Choir Rehearsal	17 7:30 pm CUUPS	18	19 12:00noon - Pagan Pride Day/Mabon Harvest Fest (see page 6)
20 •9:30am-UU Sisterhood •1:00pm—Monthly Enrichment Program (see page 2)	21 •7:30pm—Sunday Services Committee 7:30pm—Peaceful Meditation	22 5:30pm—Gentle Yoga	23 •10:30am - Chair Yoga •7:00pm - Knitting Class with Melanie •7:00pm - Choir Rehearsal	24 7:30 pm CUUPS	25 7:00pm -Bingo for Fun and Practice (see page 7)	26 •9:30am—Share Florida Food Pickup •5:00pm—Fireside Picnic for Cooperative Feeding (See page 5)
27 •9:00am - Endowment Board Mtg •12:45pm—Book Discussion	28	29 5:30pm—Gentle Yoga	30 •10:30am - Chair Yoga •7:00pm - Knitting Class with Melanie •7:00pm - Choir Rehearsal			Religious Education Events See special calendar on the RE page 4

Unitarian Universalist

Church of Ft. Lauderdale

3970 NW 21st Avenue

Minister: Rev. Gail Tapscott

Phone: 954-484-6734

Fax: 954-484-6778

E-mail: uucfl@aol.com

Website: www.uucfl.org

Sundays Service & Children's
at 11 am: Religious Education

The JOURNEY



Sunday Morning Services at 11 am

SEPTEMBER 2009

September 6- Working To Prevent Wage Theft –

To honor Labor Day, Jeanette Smith, Executive Director of the South Florida Interfaith Worker Justice Project, will present information on one of the biggest problems facing the current labor force. You will be empowered to know how you can work against this problem for yourself and others who are being victimized by it.

September 13 – Water Sunday –

Bring your water related summer stories for this favorite UU ritual of ingathering and the start of a new program year. Rev. Gail will offer a brief homily on the lessons we can learn from water. Our choir will also return to share their thrilling voices with us.

September 20- The Chautauqua Community-

Rev. Gail will be introducing us to some new ways of thinking about the role our church could play in the larger Ft. Lauderdale community. These ideas would also enable all of us to find new and exciting ways to share our unique special gifts and knowledge.

September 27- Living in Awe at Who We Are-

Borrowing some themes from the Jewish high holidays, Rev. Gail will invite us to look deeply at who we are, acknowledge our limitations and celebrate our potential to recreate ourselves and the world.

October 4- Living in Generosity-

To kick off our fall discussion of stewardship, Rev. Kathy Bishop will grace our pulpit again sharing her views on how practicing generosity is a spiritual discipline that benefits the giver and the recipient. Rev. Kathy is a former Unity minister and is currently deepening her spiritual life through Buddhist practice. Stay tuned for other stewardship events and start thinking about how to demonstrate your love for and commitment to UUCFL this year.



**UUCFL Teen
Group preparing
for
Water Sunday
Service at
Walden Pond
Summer 2009**