

The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

OCTOBER 2010
Volume 51, Number 9

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**November 2010 Issue
Deadline**

Sunday October 10, 2010

Submit articles to:
submission@uucfl.org

Editor

Gary Ladka

Production Staff

Sandy Walker Noralee Traylor
Betty Highton
Myra Symons Rev Gail Tapscott
and other helpers

New visitors receive **The Journey**
for three months.

To continue receiving our newsletter,
please call the office.

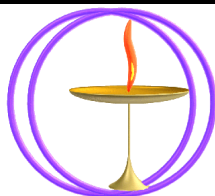
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A Center for
Liberal Religious Thought
and Social Action in
Fort Lauderdale

**Unitarian
Universalist**
Church of Ft. Lauderdale

3970 NW 21st Avenue
Oakland Park, Florida 33309
954-484-6734
www.uucfl.org

Established in 1958



Southeast UU Cluster Meeting
Our UU Future: Crisis or Opportunity?
Saturday October 2 - 9:30am
Info on page 8

Labyrinth Café Concerts presents

**Dar Williams and
Raffa & Rainer**
Saturday October 2
7:30pm

Face the Music on page 6



"What Moves Us?"

New Adult Religious Education Classes start

Tuesday October 19 - 7:00pm

Move to page 2 for details



4th Friday Vesper Service
Friday October 22 - 6:00pm
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**All Church Pumpkin Carving
And Halloween Potluck Party**
Saturday October 23 - 5:00pm
Find out S'More on page 4



12th Annual Witches Ball
Saturday October 30 - 7:30pm
Dance on over to page 7

Bingo Fundraiser Every Wednesday

Doors at 6:00pm / Calling at 7:00pm
Have a great time helping to run the game,
serve in the kitchen, set up, publicize the game,
or come and play.

This is an All Church Team Effort
We Need Everyone to Participate
Contact Gary Ladka at 954-650-3728



Prez Says..

"It is a rare and high privilege to be in a position to help people understand the difference that they can make not only in their own lives but in the lives of others by simply giving of themselves."

- Helen Boosalis



October is stewardship month at UUCFL and I look forward to seeing all of you on Stewardship Sunday on October 31. Between now and the end of the month, I hope that you will take time to reflect on your relationship to our community—not merely from a financial perspective; but, more importantly, from the perspective of your connections with your fellow members and friends at UUCFL. I hope that our stewardship campaign can be a time of renewal for all of our members and for our community.

Ken Beier

What's Your Board of Trustees Up To?

A small group of thoughtful people could change the world. Indeed it's the only thing that ever has.

- Margaret Meade

Your Board meets once a month intent on bringing you a Sunday Service that will enrich your life! We recently held a Strategic Planning Session. We brain-stormed! We talked! We voted! We came up with brand new ideas re: our music, speakers, and church activities.



You already know you will see expanded musical programs on Sundays when our choir isn't singing. Do you know any musicians who might enjoy performing? Let us know! We'll call them!

What about additional religious education programs for all ages? Rev. Gail is a marvel. Her inspirational classes will make you laugh – and make you cry. You may get the opportunity to take a good look inside yourself -- and be better for it!

How can we beautify our already lush grounds? Think about it. What about a gazebo in the back covered with bougainvillea? Keep thinking. Connect with your inner landscape architect! We can make it happen!

We are considering a workshop to update our Mission Statement. Stay tuned! I'm excited – and I'm just getting started!

We would really like to see you at Board Meetings. We meet the second Monday of each month at 7:00pm. Come! Join Us! Get involved! You'll be glad you did!!

Judy Knopp, Your Secretary

Fall Adult Religious Education (RE) at UUCFL

Several of us are still working out the details for the kind of adult religious education experiences that will be available at UUCFL this fall. Betty Brantley and the Building the World We Dream About Team are trying to figure out a way to offer this exciting new curriculum on identity and diversity here. DRE Susan Friend and I have talked about offering some one shot evening experiences and an occasional after church workshop.

Starting on Tuesday Oct. 19, and running for at least 6 weeks, I will offer a piece of a new UUA developed class called "What Moves Us." This class, created by UU theologian Thandeka, looks at the more emotional and spiritual side of our movement by investigating major figures in our past who experienced moments of transcending mystery and wonder and offers readings and exercises to help us have similar experiences.



As I always do with existing curriculums I will likely give it my own unique twist. This class will start at 7:00pm and run for about two hours. The cost will be \$25 for the whole series or \$5.00 per evening. I will get a flyer or brochure out closer to the start time. Look forward to more experiences to deepen your journey. If we get volunteers to help with the food preparation we will start the \$2.00 lunch and Sunday enrichment and Transformative Tuesday programs up later in the year.

In the spirit of lifelong learning,

Rev. Gail

UUCFL Finance Notes

Thanks to members, friends, and supporters for being consistent with financial support. Your ongoing pledge contributions, offertory contributions, and other monetary support have kept us going- even through the usually challenging summer period.

UUCFL income and expenditure are mostly on track, though we may have to reallocate some accounts as we approach year end. More details of UUCFL accounts are available in the office. Please continue to make contributions towards plate and pledge as this is essential to keep us operating for the rest of the year. In the coming months we will see more activity from Stewardship and Budget committees.

Your support with these efforts will pay off in the operation of UUCFL next year and for years to come. We need more and new people to get involved. Please contact Douglas Paul or Mara Newman to participate.

Douglas Paul, Treasurer



Rev. Gail's Space

The Joys of Delayed Gratification

We live in a very fast paced world. We want what we want and we want it now. We email someone or text them or leave a voice message and we are indignant if we don't hear back immediately. It is hard to recall that once upon a time in this very galaxy and not so very long ago, we had to wait several weeks for a reply to a letter. We could only connect with someone by phone if we happened to find them at home. How did we survive? I experienced a bit of this in D.C. on my recent trip as about two thirds of my friends are retired. Some of them do not find it necessary to be plugged in at every moment. I even stayed at two homes with no wifi and one with no internet connection of any kind. Also because it is assumed, in the nation's capital, that everyone owns a laptop there are almost none of the internet cafes that can be found in any developing country.



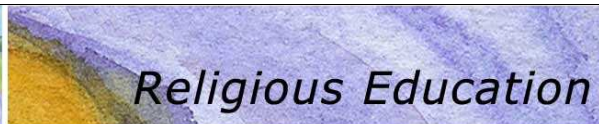
Rev. Gail poses at one of her favorite places in the whole world - White Rock Lookout near Los Alamos, New Mexico

I was at times forced into a black hole of communication deficit and at times I found I liked it very much. I had to actually trust that people would show up when they had said they would and not call them every five minutes to see what street they were on. I was able to live in blissful ignorance for a couple of days at a time of trouble brewing in various aspects of my personal and professional world. I figured if anything was totally in need of my intervention it would eventually result in a call to my cell phone.

Another thing I focused on during my trip was how long it takes for some of us to be able to take in advice given by another. My close friend Laquitia, who is a bit on the blunt side, has been after me for years to loose weight for my health and so that I can be available as a late life travel companion for her. This year when she saw that I had finally taken her suggestions and acted on them she was gratified and amazed. She said, " I had totally given up on you, Gail. I thought you had just gotten a little too comfortable being fat and had forgotten how much more fun you could have if you were more mobile." Just being able to walk to her favorite outdoor coffee place and go up and down the stairs at the metro was a joy I have not had for about six years. I have been over 200 lbs. for about 14 years and frankly I had given up on myself . But this past year something clicked and I tried a new approach and now I feel and hopefully look more like I did all these years ago. I walked around the national Zoo and was able to tour entire art galleries rather than look at one exhibit and then retire to the cafe and eat pastries. I know how hard it is to wait for a good outcome. I was so caught up in instant gratification for so long but now I am delighted to be enjoying the fruits of delayed gratification with the pay off of having a lot of old pleasures at my fingertips again. My message to you this fall is, it is never too late to create a positive outcome for at least some of life's challenges. May you strive this year for taking the time to go slow and work for change on yourself and in the world knowing that the results may be slow in coming but all the more rewarding when they arrive.

In faith,

Rev. Gail



Director of Religious Education (DRE) - Susan Dirgins-Friend

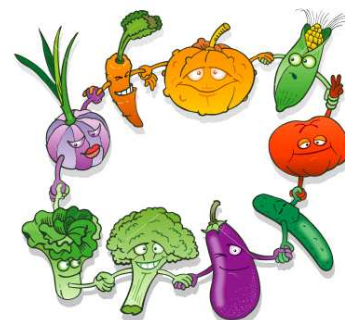
Phone (954) 424-1910

Email tiredmomofbob@aol.com

Soap Box Time. October 1 is World Vegetarian Day and kicks off Vegetarian Awareness Month (October). Many of you know that I am a vegetarian, and have been for over 30 years. My husband is a veg as well as our two healthy, athletic, cute kids. We became vegetarians due to our concerns over factory farming.


We have always been lacto-ovo (we eat eggs and dairy), with Lenten spates of veganism (no animal products). In the main, our diet consists of lots of vegetables, beans, grains, and a smaller part of eggs and dairy. We use soy based products (like Boca Burgers and Smart Dogs) as they are high in protein and low in calories. During my pregnancies I supplemented my diet with protein drinks that had seaweed and whey protein. Overall, we are all very healthy, and while I have always struggled with my weight (usually due to overindulgence in cheese and eating too much in general), no one else in my family ever has. When you don't eat meat, you take in less bad cholesterol, fewer hormones, and much less fat. So, being a vegetarian is good for you.

Now the kicker, it is much better for everyone else too. It is good for the animals which you do not eat (they really appreciate not being eaten); it is good for the water supply (cattle and other animals raised for meat generate lots of manure, which, when rain falls on it, drains unsavory things into the water supply); it is good for those all over the world who do not have enough food (eating grain feeds many more folks than the same amount of grain used to raise animals for meat); it is good for the air supply (less methane); it is good for the open land and prairies (grazing cattle destroys open prairie, as the cattle pull the grass out by the roots, and trample what little is left). So, do I expect you all to become vegetarians-not really, but, if you cut down on your meat consumption, it really helps. Many of you have heard of "Meatless Mondays". Folks are doing it, as well as some fancy restaurants in New York and LA. The Internet provides a wealth of info about veg diets, recipes, health, and humane concerns issues. Some of you know that the many lunches that I have prepared for you have been vegetarian. Half the time folks don't even realize they are eating meat free. The days of nasty tofu surprise are over. Come join me and other vegetarians during the month of October and go meatless a few times. Your body will like it, the planet will like it and the little piggies will too!!



Love and Blessings,

Susan

Children's October Religious Education (RE) Calendar		Other Upcoming Opportunities
<p>Sunday October 3 11AM Regular RE Kids Start in Class</p> <p>Sunday October 10 11AM Regular RE Kids Start in Class</p> <p>Sunday October 17 9:30AM RE Committee Meeting All are Welcome</p> <p>Sunday October 17 11AM Gardening Kids Start in Class</p>	<p>Saturday October 23 5-9PM Annual Pumpkin Carving Party and Potluck</p> <p>Sunday October 24 11AM Regular RE Kids Start in Class</p> <p>Sunday October 31 11AM Halloween Kids Start in Church</p>	 <p>COOPERATIVE FEEDING PROGRAM</p> <p>Cooperative Feeding Work date for the month is Saturday, October 2. Come out and do something for our community at large. We will meet at church at 8AM for carpooling, or at 8:45 at the CFP.</p>



All Church Annual Pumpkin Carving Party and Potluck - Saturday October 23

Miss old fashioned holiday events? Then, you must come out to church on Saturday October 23 from 5-9PM for our Annual Pumpkin Carving Party and Potluck. Bring your pumpkin or use one of ours (small donation), a side dish to share, and enjoy the fun. This is an intergenerational church wide activity and is a favorite of young and old. There will be Halloween crafts, apple bobbing (yeah, no H1N1 this year) a fire (do I hear S'mores?) and hot cider. Bring yourself, bring a friend, and celebrate the fall.

4th Friday Vespers Worship at UUCFL

End your work week and start your weekend. We have a new chance for worship here at The Unitarian Universalist Church of Fort Lauderdale.

Our 4th Fridays Vespers service will be a different offering than our Sunday morning service. It will consist of music, meditation, poetry and other readings. The length of the service will be from 45-60 minutes. It will be a reflective, meditative time, allowing us to close our hectic week and set our minds for the weekend. The plan is to have a live musician most weeks. The music will be different each week, but always having a character of reflection and repose. There will also be some group singing. If you have trouble getting up on Sunday, or just want to enjoy a different service, this is for you. Combine Vespers with a walk on our Labyrinth, and you will have a clear mind, an open heart, and a joyous soul. For more information contact me at tiredmomofbob@aol.com (954) 424-1910

Susan Dirgins-Friend

Director of Religious Education and Choir Director

Vespers dates for the rest of 2010

Friday October 22 6PM

Friday November 26 6PM

NO VESPERS IN DECEMBER

4th FRIDAY IS CHRISTMAS EVE

The Committee on Ministry

In the Unitarian Universalist tradition ministry is about how we care for each other in our church community. Ministry, then, is everybody's business. Your committee on ministry would like to hear from you about how we are doing ministry as a community. What are we doing well and what maybe not so well? After a couple of summer months off your committee on ministry has resumed meeting monthly with Reverend Gail to support her, and all of us in the work of ministry.



We are: *Vanessa Gilyard, chair*

Victor Garlock, and David Griswold

Music Notes

Isn't it great to be back on schedule with our regular church year. We sure started with a bang on Water Sunday. Plenty of music sounded from the rafters that day - Alfredo Tamburrino's lovely flute solo and his obligato with the choir anthem, the hymns with Charlie Prather adding that rich bass on the organ, and the extra guest singers, Bill and Eli Perras added to the variety. We must also mention our special visit from our guests, Miles and Patience, to explain the Water Ceremony. Our thanks to all the musicians who added to this service. The choir welcomed Gary Ladka and Jennifer Ladka. Thanks for joining us and have fun!



Next came the reprise of old Christian hymns, which some of you remembered and others met for the first time. One of our former members, Arnold Eichert, used to write UU versions of old hymns, some of which were hilarious! Too bad we did not preserve them. In my personal past, I had played at several Christian churches, so these hymns were familiar to me, and I enjoyed hearing them again.

We heard choir on September 26. How did you like that meditative Call to Community? For me, it was very calming and prepared me for the rest of the service. The anthem "Home is a Special Kind of Feeling" expresses the comfort many of us enjoy in the familiarity of home. Now that our church home is off to a new program year, the Music Committee will be meeting to discuss the use of the David Fisher Memorial Music Fund. I predict that we will enjoy new sounds and new musical expressions in the next few months. This Fund is continuous.

If you have not yet contributed and would like to be a part of the enrichment program, please write a check to UUCFL and put "David Fisher Memorial Music Fund" on the note line.

The Music Committee will meet October 10 after church at 12:45 PM to discuss the special service music financed by the Memorial Fund.

Dot Muise, Director of Music

Help Keep Us Green

A small but very helpful volunteer job that we could use some help with is recycling our paper and cardboard products. If you would like to help the church be greener and want a task that will take minimal time speak to Sandy Walker in the office about helping with this task.

Rev. Gail





Labyrinth Cafe Concert Series presents

Dar Williams and Raffa & Rainer
Saturday, October 2 - 7:30 pm

\$20 ADVANCED PURCHASE ONLY!
(plus non-perishable item for our local
Cooperative Feeding Program)



Dar Williams

Dar Williams' growth as a person over her 15-year career has gone hand-in-hand with her evolution as an artist. Raised in Chappaqua, NY, and educated at Wesleyan University, Williams spent 10 years living in the thriving artistic community of Northampton, MA, where she began to make the rounds on the

coffeehouse circuit. An early fan of her music was Joan Baez, who took Williams out on the road and recorded several of her songs. Williams self-released her debut album, *The Honesty Room*, in 1993, then signed with Razor & Tie Entertainment in 1995, which has been her label home ever since. Through it all, Williams' motivation as an artist is to "experience meaning without fooling myself," she says. "There are these moments where everything feels connected, and I think my art is about trying to find the stories that make us feel connected. That's the verve of my life. It's what keeps things interesting."

Voted Best Acoustic Performer 2010 by Miami New Times, "local neo-folk act **Raffa & Rainer's** quirky, insightful, and downright haunting ditties of life and love leave little room on your palate for anything else. Comprising vocalist-guitarist Raffa Jo Harris and guitarist Rainer Davies, this duo has a sound that's delightfully campy... The foundation of their music is earnest and heartfelt songs crafted simply and beautifully."



THIS SHOW WILL SELL OUT!

\$20 PREPAID RESERVATIONS ONLY

plus please bring a non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula)

Contact Myra at Myrafly@yahoo.com or Susan at OzWoman321@aol.com or 954-478-8637

Please visit www.labyrinthcafe.com for further details and the artists' websites, as well as our MySpace page for song samples (coming soon)... and our new Facebook page to give us a thumbs-up, which will then keep you informed of upcoming concerts... :-)

www.labyrinthcafe.com

www.myspace.com/labyrinthcafe

Susan Moss—Labyrinth Café Concerts

Backroom Negotiations Revealed!

17 of your fellow UUCFLers gathered one steamy evening in August and hammered out a set of targets. Targets for us. Now, these targets will be held up for your observation and comment; we're digging to determine our priorities for action.

See below a ranked list of wishes. Had you been there how might the ranking have changed?

1. How might we build a better music program?
2. How might we assure "Take Home" value every Sunday?
3. How might we expand religious education among all age groups?
4. How might we beautify our building and grounds?
5. How might we become a more risk-taking, less fearful church?

Three additional wishes were "kicked around":
How might we enhance our financial situation?
How might we establish an acceptable standard of worship decorum?
How might we attract new and different people?
How might we increase our civic engagement/community outreach?

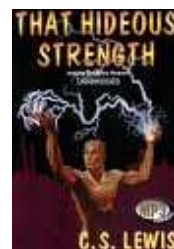
Next your backroom UUCFLers delivered a huge pile of ideas: **How are we going to do it?**

Don't miss your chance to offer additional commentary and suggestions at a soon-to-be announced event. So, there you are: backroom negotiations revealed! Stay tuned.

Jerry Waltz, Board Member

Book Discussions Coming Up

The book discussion on *That Hideous Strength* by C.S. Lewis, the last in his famous science fiction trilogy, will be held on Oct. 3 after church. Everyone who has read this book, is interested in book discussions in general or has a great idea for a book to be read and discussed later this year is welcome to attend. We will gather around 12:45 p.m. in the multi-purpose room.



The next books to be discussed will be *The Lacuna* by Barbara Kingsolver on Nov. 7, *The Hunger Games* by Susan Collins for Dec. 5 and for the first week January *Middlesex* by Jeffery Eugenides.

Melanie Taffel and Rev. Gail

Future Labyrinth Café Concerts 2010

November 6, 2010 – Amy Carol Webb
Holiday CD Release Party

December 4, 2010 – Jennings & Keller/

CUUPS Update

What others call Halloween, we call Samhain. It is our High Holy Day and the Celtic New Year. It is the Final harvest and the time when the veil between the worlds is most thin. It is the time to commune with the ancestors and for our Twelfth Annual Witches Ball on Saturday, October 30, the doors open at 7:30 pm. We will have food and live music by the Witch's Mark. We will be attuning in the memorial Garden at 9 PM. The Druid Ritual is at 10:15 PM. Then there is a costume contest and raffle and then our Midnight Ritual. Be aware that ancestors with unfinished business may cross back over to set things right. \$15 at the door.

See www.moonpathcuups.org/wball.htm

Thursday evening Study Groups continue. Our October 21st program is "The Croning of Black Raven." Sometime before that, we do "The Witches of Warsaw."

Kip, Resident Pagan

Office Notes

Greetings and good wishes from Sandy in the Office.

Thanks to all who helped me take a few days of vacation last month. I appreciate your service. You were helpful and kind.

This is one of my favorite months in South Florida. I hope you enjoy the 'change in the air' as much as I do. The changes on our beautiful grounds are much like those of a Northern Spring. We give shelter to birds, large and small, who are escaping the harsh cold weather, and we can start seeds to plant and nourish over the next few months. Three months ago I started 2 tiny banana trees and they took root. I am hoping the cool weather gives them a healthy 'jump' start. I am putting in Sweet Bell Peppers, radishes and onions, this year. Wish me luck as I wish you, with all the good seeds you plant.

Do you need an updated phone directory? Are you planning an event at the Church? Feel free to ask questions, schedule an event on the UUCFL calendar, make suggestions, or get information at the office. Your thoughts are most welcome.

Thanks and Good wishes.

Sandy in the UUCFL office

**UUA President Meets Dalai Lama**

September 16, 2010

Unitarian Universalist Association (UUA) President Peter Morales recently met with Tibetan spiritual leader His Holiness the 14th Dalai Lama during the 33rd World Congress of the International Association for Religious Freedom (IARF), held in Kochi, India. Morales represented the UUA at the conference, speaking on the topic of religion and human rights.

The Dalai Lama gave the conference's inaugural address and met with approximately two dozen IARF attendees afterward, including Morales. Morales had the opportunity to sit next to the Dalai Lama. Morales asked the Dalai Lama to share his views on the intersection of science and religion, to which the Dalai Lama had made reference during his IARF address. In his comments, His Holiness spoke about how religion needs to be open to science and even open to revising religious teachings when science gives us new insights.

For more information visit the UUA website at www.uua.org or the IARF website at www.iarf.net





Southeast UU Cluster Special Meeting Saturday, October 2, 2010 9:30 - 3:00 at UUCFL

Our UU Future: Crisis or Opportunity?

Programs include:

- **Bill Schoolman - "Atheism and Unitarian Universalism"**

How has Unitarian Universalism helped a lifelong atheist with strongly negative views of all organized religions find a richer and more satisfying life?

- **Rev Gail Tapscott - "Opportunity and Danger: the Future of our Faith"**

Learn to identify major trends to watch for in religion and some of the obstacles to growth and the possibilities for overcoming them.

- **Susan Friend - "Vibrant Children's Religious Education"**

How to create the vibrant children's religious education which is critical to our UU future.

- **Dave Armstrong— "The Future of the SE Cluster"** Join the discussion regarding the future of the SE Cluster. How can the Cluster better serve its member congregations?

**This event is FREE if you register before Sept. 29 or \$5.00 at the door
(includes continental breakfast & lunch)**

Visit www.floridadistrict.org and Click on Events Calendar > October 2 to register

Southeast Cluster Congregations:

Boca Raton • Fort Lauderdale • Hollywood (S. Florida)

Key West • Miami • North Palm Beach • Plantation (River of Grass)

St. Croix • St. John • Stuart (Treasure Coast)

UUA (Unitarian-Universalist Association) Florida District Executive Message

"May you live in interesting times," is an old curse. We must be cursed! Our time is too interesting! It is one of great anxiety and ever accelerating change. If you can figure out the lay of the land, it alters before you can adapt. The recession, our ever more nasty political exchanges, the traditional stalwarts of stability — family and church — are in disarray, and on and on. Yes, at moments our time is unbearably interesting!

Where do we find any hope amidst all this turmoil?

For me, I turn to the Universalist side of our faith. Our faith ancestors taught that if God, the divine or the holy were anything at all, it was known in the power of loving hands. "God is love" is the core tenet. For the longest while, our Universalists were known as "the love church." The Unitarian side, known more for its numerology debate with the Trinitarians, too, had a similar affirmation often used yet today: *"Love is the teaching of this church."*

So, however interesting our times are, I find love still reliable in most any situation. Not what would the Buddha or Jesus or Mohammed do. The question is what does love require of me, now, here, with these people? When I rest in love and act in love, hope unfolds.

When faced with fear and hatred, love seems, well, rather lame. Yet, over and again it is a constant that transcends our differences large and small. Love is a gift to give.

Love is a discipline to live. Love is our source of grace. It is the reason to hope.

May we make our times interesting in a different way. May we Unitarian Universalists surprise everyone we meet. Let us live our core teaching. Love boldly! Love broadly!



All blessings, dear companions.

Rev. Kenn Hurto - UUA Florida District Executive

Directory of Staff, Board, Committee Chairs & Affiliates

STAFF

• Minister	
Rev. Gail Tapscott.....	954-288-4245
• Office Administrator	
Sandra Walker.....	954-484-6734
• Director of Religious Education	
Susan Dirgins-Friend.....	954-424-1910
• Music Director	
Dorothy Muise.....	954-731-8790
• Choir Director	
Susan Dirgins-Friend.....	954-424-1910

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Judy Knopp	954-563-8529
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Douglas Paul.....	646-256-1421

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Tom Karneth.....	954-742-8729
Mara Newman.....	954-849-3736
Myra Symons.....	954-616-7050
Noralee Traylor.....	954-776-4226
Jerry Waltz.....	954-527-5275

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Building & Grounds	
Steve Lange.....	954-257-9262
Stewardship	
Ken Beier.....	954-537-3361
Community Outreach	
Empty Bowls Project	
Colette Saucier	954-240-3759
Cooperative Feeding Program	
Rev. Gail Tapscott.....	954-288-4245
Coalition to End Homelessness	
Nicole Shulman.....	954-942-0394

Webmaster

Kip Barkley.....	954-784-8307
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Gary Ladka.....	954-969-7221
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Caring Committee

Molly Lesnick	954-587-9552
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Library

Joe DeAngelis.....	954-973-1337
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Finance

Douglas Paul.....	954-331-5025
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Building Usage

Sandra Walker.....	954-484-6734
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Human Resources

Mara Newman.....	954-849-3736
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Labyrinth Café Concerts

Susan Moss.....	954-433-2372
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Membership

Larry Wilkner	954-646-8037
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Ministry

Vanessa Gilyard.....	954-683-0498
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Nominating

Susan Moss.....	954-433-2372
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Religious Education

Laura Lange.....	954-584-2499
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Sunday Services

Susan Moss.....	954-433-2372
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Ways & Means

Virginia Anderson.....	954-975-4686
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ASSOCIATE & AFFILIATE GROUPS

• CUUPS

Kip Barkley.....	954-784-8307
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• Endowment

Monica Pavlik.....	954-530-5844
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• Interweave

Dani Apter.....	973-879-5656
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• Southeast UU Cluster

David Armstrong.....	954-730-7763
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• UU Service Committee

Noralee Traylor.....	954-776-4226
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Unitarian
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The Market Place

Arlene Lakin, Esq.
Attorney at Law

**PALM LAKES PLAZA
7284 WEST ATLANTIC BOULEVARD
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Peace of Mind

***Allergies *Personal Growth
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BodyTalk

MA33463 www.BalancingbyN8.com BalancingbyN8@aol.com

H & R Block Fundraiser Continues



H&R BLOCK

Kudos to Ken Wensel who raised over \$2000 for UUCFL through the H&R Block referral program during the first half of this year. If you are a "late" federal income tax filer, you can still participate. Flyers for this program can be found on the UUCFL bulletin board and Ken can be found at the H&R Block office in the Northridge shopping plaza at Commercial and Dixie. He can be reached at 954-772-8890.

ADVERTISE IN THE JOURNEY BUSINESS CARD SIZED AD

**\$10.00 PER MONTH
\$100.00 PER YEAR**

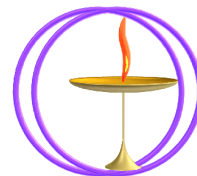
CALL 954-484-6734



The Seven Principles of Unitarian Universalists

There are seven principles which Unitarian Universalist congregations affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.



October Birthdays

Amber Anderson 10/2
Guy Jeanty 10/2
Fiona Oberg 10/2
Noralee Traylor 10/5
Gerard {Jerry} Zelin 10/10
Judy Knopp 10/12
Linda Leitner 10/13
Mara Newman 10/20



If you would like to see your birthday announced here and in the cUUrious cUUrier email newsletter, please contact Sandy in the office to make sure we have your updated information in the computer

Remember the Hungry People Around Us

Please continue to fill the Food Baskets at the church with non-perishables for the Cooperative Feeding Program.

Learn more about the CFP and other ways you can help. Visit www.feedbroward.org or call (954) 792-2328



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <h1>October Calendar</h1>					1 •7:30pm - Drumming	2 •8:00am—Cooperative Feeding Program Work Day (See page 4) •9:30am— Southeast UU Cluster Mtg (see page 8) •7:30pm—Labyrinth Cafe Dar Williams + Raffa & Rainer (see page 6)
3 •9:30am - UU Sisterhood •12:45pm - Book Discussion (see page 6)	4 •7:30pm - Peaceful Meditation	5 •7:00pm - Choir Rehearsal	6 •6:00pm - Bingo (calling at 7)	7 •7:30 pm CUUPS	8	9 •8:00am - Building & Grounds Workday
10 Journey Submission Deadline •12:45pm—Music Committee (see page 5)	11 •7:00pm - Board Meeting	12 •7:00pm - Choir Rehearsal	13 •6:00pm - Bingo (calling at 7)	14 •7:30 pm CUUPS	15	16
17 •9:30am - UU Sisterhood •9:30am - Religious Education Committee	18 •7:30pm - Sunday Services Committee •7:30pm - Peaceful Meditation	19 •7:00pm - Choir Rehearsal •“What Moves Us” Class with Rev Gail (see page 2)	20 •6:00pm - Bingo (calling at 7)	21 •7:30 pm CUUPS	22 •6:00pm - 4th Friday Vesper Service	23 •5:00pm - All Church Halloween and Pumpkin Carving Potluck (see page 4)
24 1:00pm - Interweave	25 •7:00pm - Membership Committee	26 •7:00pm - Choir Rehearsal •“What Moves Us” Class with Rev Gail (see page 2)	27 •6:00pm - Bingo (calling at 7)	28 •7:30 pm CUUPS	29	30 •7:30pm—Witches Ball
31 •12:45pm - Stewardship Sunday 		Every Sunday : 11:00 AM- Church Service and Children's Religious Education		Religious Education Events See special calendar on the RE page 4	Visit our on line calendar for late-breaking events www.uucfl.org and click “Coming Activities”	

Unitarian Universalist

Church of Ft. Lauderdale

3970 NW 21st Avenue
Oakland Park, FL 33309

Minister: Rev. Gail Tapscott

Phone: 954-484-6734

Fax: 954-484-6778

E-mail: uucfl@aol.com

Website: www.uucfl.org

Sundays Service & Children's
at 11 am: Religious Education

The JOURNEY



Sunday Morning Services at 11 am

OCTOBER 2010

October 3 - Unitarian Universalism - Past, Present and Future - On this Association Sunday we will celebrate the 50th Anniversary of our merged denomination. Rev. Gail will pay special attention to the often neglected gifts of our Universalist Heritage. The contributions of UU composers and songwriters will be featured. Some special dessert items will be served.

October 10 - Celebrating and Owning Our Church Goals for a Happy and Festive Home - In August our organist Dr. Charles Prather led about 20 church leaders through a strategic planning exercise. Today we will share some of the results of that effort and endeavor to gain buy in and commitment from all of you to make our church home a place of homecoming for all who enter our sacred space. Our choir will be leading us in musical celebration.

October 17 - Psychology and Religion - Our own Vic Garlock will explore the meanings of various religious beliefs and practices from the point of view of a psychologist.

October 24 - Rumi Revisited - Rev. Gail will share some insights from her summer study of bestselling Persian poet Rumi and how he has at times been misunderstood both within his own tradition and by his New Age followers. Rumi truly understood the darker and more frightening aspects of the spiritual journey to enlightenment and he share those insights in his amazing poetry and other writing. Our rocking choir will be with us this week.

October 31- Banishing the Horror of a Dying Church - On Halloween we celebrate the possibilities for our future through responsible stewardship. We will talk about what it takes to bury "I can't" in the grave forever and discuss all the other ghosts, ghouls and scary stuff we need to banish to have the nurturing and loving community we all want. Hopefully, some truly scary organ music will be featured.

November 7- Guest Minister Rev. Scott Alexander - One of the most famous Unitarian Universalist preachers of our time will be gracing our pulpit as he and Rev. Gail do a pulpit exchange. Scott is newly settled in Vero Beach. He is the author of the book The Relational Pulpit which is sort of a bible of UU ministers. Scott is remembered by many from the last time he appeared in our pulpit with his sermon "Golfing with Monkeys". This appearance promises to be equally memorable. Our choir will be singing.

*Everyone must take time to sit and
watch the leaves turn.* -Elizabeth Lawrence



Unitarian Universalist Association of Congregations