

# The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

**NOVEMBER 2009**  
**Volume 50, Number 10**

## In This Issue

President's Message.....	2
Rev. Gail's Space.....	3
Religious Education News.....	4
Directory.....	9
Market Place. ....	10
Calendar.....	11
Sunday Services.....	Back Cover

**December 2009 Issue  
Deadline**

**Sunday November 15, 2009**

Submit articles to:  
[submission@uucfl.org](mailto:submission@uucfl.org)

### Editor

Gary Ladka

### Production Staff

Sandy Walker

Dot Muise Betty Highton  
David Armstrong Bill Cox

New visitors receive **The Journey** for three months.  
To continue receiving our newsletter, please call the office.

Enjoy and Print **The Journey** in Full Color on Our Website - [www.uucfl.org](http://www.uucfl.org)

A Center for  
Liberal Religious Thought  
and Social Action in  
Fort Lauderdale

**Unitarian  
Universalist**  
Church of Ft. Lauderdale

3970 NW 21st Avenue  
Oakland Park, Florida 33309  
954-484-6734  
[www.uucfl.org](http://www.uucfl.org)  
\*Established in 1958\*  
Celebrating Our 50 Year Jubilee

**Get your car washed on November 1 before or during church, and help our RE kids support teacher training in human rights in Afghanistan. All monies raised will go to the UUSC (Service Committee) Afghan teacher project. We are asking for a minimum \$5.00 donation.**



*The Music Committee Presents  
Annual Jazz Concert  
Saturday, November 7 8:00pm  
Read About All That Jazz on Page 5*



**Labyrinth Café Concert**  
Saturday, November 14  
7:30 pm  
Jennings and Keller/  
Scott & Michelle Dalziel

*More info on Page 6*



## Thanksgiving Celebrations

*Two Opportunities for Dinner with your UUCFL Family*

**Sunday, November 22 - 12:30pm**

**Don't Miss the Fall Feast on November 22 after church. \$9.00 will buy you the best Thanksgiving dinner you ever ate. Proceeds will help fund the 2012 teen trip to Boston.**

**Feast Your Eyes on Page 4 for more**

**Thursday, November 26 - 2:00pm**

**Friends and Family feasting and sharing. Pleasant, relaxed fellowship, and then desserts with tea, coffee and conversation.**

**More Food For Thought on this Event on Page 7**



**EMMA'S REVOLUTION CONCERT  
SATURDAY, NOVEMBER 28 - 7:30PM**

**PRESENTED BY JAN AND RUSS TADDEO AND  
LABYRINTH CAFÉ CONCERTS**

***Bingo is On and it is  
Calling Your Number!!***

***Every Wednesday***

***Doors at 6:00pm***

***Calling at 7:00pm***

***Be a Winner—Go to Page 5***



### Sunday Enrichment Program

Our Monthly Enrichment Program will meet Sunday, November 8 at 1:00pm in the Multipurpose room. Join members, guests and friends each month for lively discussions on meaningful topics with an array of different people leading the group.



All members, guests and visitors are invited.

No advanced reading or other preparation required. Just bring yourself and your cUUriosity.

### Transformative Tuesdays Continue Through November

Our Transformative Tuesdays continue through November with Heart to Heart, a discussion and sharing class with DRE Susan Friend at 4:00 p.m., a delicious and nutritious soup or stew and bread served between 5:45 p.m. and 6:45 p.m. and a free meditation time at 6:45 p.m. The light supper is just \$3.00 per person and includes the meditation.



A 7:15 p.m. Rev. Gail's Religion and the Arts class continues with the following upcoming topics:

- Nov. 3- Religion and Poetry
- Nov. 10- Religion and Literature
- Nov. 17.- Religion and the Movies
- Nov. 24 – Religion and Television and other are forms.

This class is not a lecture series but involves sharing of your experiences with these art forms in the context of a few thoughts offered by Rev. Gail and some guests experts. Cost per class averages about \$7.00 week and we can work out scholarship plans if needed. Please join us and be transformed.

*Rev Gail and Susan Friend*

### Prez Says

Since the current "Great Recession" officially started in December 2007, the U.S. economy has shed 5.2 percent of all non-farm jobs and the official employment rate is close to 10 percent. Most members of our congregation are directly affected by these events—either by disruptions to their livelihood or reductions in the value of their retirement assets.



In these dismal economic times, our church community provides a banquet of opportunities for spiritual and material nourishment—from our Sunday programs to Transformative Tuesdays to SHARE Florida to jazz to Thanksgiving events. And the price for most UUCFL events is whatever you can afford. When we have a suggested donation amount for an event, it means exactly that—it is suggested. For example, our Sunday, lunch is priced at \$2. We want you to participate, regardless of your ability to pay the \$2. And if you are able, we will gladly accept more than \$2. In closing, I hope that our banquet of events at UUCFL this fall can provide some shelter and comfort from the ongoing economic storm.

*Ken Beier*

### Endowment News

The Endowment Trustees met on October 18 and decided to offer grants for 2009. Grants may be given to the UUCFL or to those 501C3 non-profit organizations which have been approved by the UUCFL Board of Trustees.



Endowment funds give us an opportunity to reach out to the greater community to promote the UU Principals through social justice and charity.

If you wish to request consideration for a grant, please speak to any Endowment Trustee by October 25 to request an application.

*Dorothy Muise, President Winslow Remley*  
*Frank Shulman David Armstrong*  
*Annette Vafa David Fisher*

## ***Rev. Gail's Space***

### **Holiday Reveries**

With Halloween (All Soul's Day or Samhain) which has just passed as you read this, we started the never ending holiday season which goes on now until New Year's Day or even 12<sup>th</sup> Night on Jan. 6. As a child in school I recall marking these seasonal holidays mainly by making lots of colorful construction paper cutouts. I was never a very artistic or craft oriented child but I do recall enjoying bringing home these colorful cut outs in bright colors of first Jack O'Lanterns, then Turkeys and finally Santa Claus figures, bells and Christmas trees. Our class rooms were covered with these cut outs all fall and usually our family refrigerator door as well. Our young folks in Religious Education classes and probably in elementary school likely still make similar simple seasonal decorations.



Between Oct. 12 -15, I experienced an interesting reminder of those elementary school and Sunday School days of working with scissors, paste, construction paper, fabric, modeling play and other fun stuff. The program part of our annual Unitarian Universalist Minister's Retreat was focused on using crafts as a non-verbal way to reconnect with a more childlike and creative source within ourselves. We were led on a series of guided imagery journeys on the sources of our creative well springs and the obstacles to it. We were invited to respond first with art materials and then to look at what our artistic efforts told us about our current state of mind, heart and soul and then asked to journal about this. I have to say that even though my artistic skills have really not improved a bit since elementary school, I did enjoy using crayons, cutting interesting fabric into shapes and pasting it on paper and relishing the feel of modeling clay and play dough in my hands. I actually did find some insights and inspiration in the primitive pieces I crafted and I am finding the subsequent journaling process to be taking me to a deeper level of personal awareness.

Working with these materials has brought back a lot of fond memories of finger painting with my mother, building fantasy future houses with blocks and even a strange desire to play children's games. Our family played a lot of cards at night during the holiday season as my sister and I had Thanksgiving and Christmas days off. We played everything from Old Maid to Penny Poker. I especially recall Monopoly games that went on for endless hours and had us all functioning as hotel tycoons with resorts on Park Place. So many of the holiday rituals invoke memories of our childhoods, the childhoods of now grown children, grandchildren, nieces and nephews and often memories of those gone on into the unknown. I think I may make some homemade Christmas decorations and some holiday cookies myself this year just to invoke some more fond memories. I invite you to revisit a long lost and childish pleasure sometime during the upcoming festive days. Blessings on you as we embark on the long season of what can be simple pleasures rather than too much eating and too much shopping.

In faith,

***Rev. Gail***

## RELIGIOUS EDUCATION (RE) NEWS

Director of Religious Education (DRE) - Susan Dirgins-Friend

Phone (954) 424-1910

Email [tiredmomofbob@aol.com](mailto:tiredmomofbob@aol.com)

Committee Meetings - Third Sundays of the Month—9:30am

Pumpkins were carved, fun was had and stomachs were filled—who could ask for anything more? If you missed our Fall Pumpkin Carving Party, do not despair. As we move into the holiday season we will move into party mode here at UUCFL. Look for the Fall Feast on Sunday November 22 after the church service. The RE kids, teachers and parents will cook and serve the Thanksgiving meal like Grandma used to make—turkey, stuffing, potatoes, cranberry sauce(yep, homemade), pies and the all the rest of the fixings. The cost will again be \$9.00, tickets will be on sale soon, and the proceeds will help fund the trip for our teens to Boston (2012). Remember also that there will be a Thanksgiving meal served here at church on Thanksgiving. Sandy Walker and Mary Bardis are in charge of putting together another fab feast. Some folks bring things, and some kick in money. We will be decorating the church in its holiday finest starting around Thanksgiving. This is a fun activity and a great time for fellowship for all ages. Ask me about the particulars. On December 11, we will have our Holiday Party. There will be food, ornament making, singing, an appearance by a large jolly man in a red suit and lots of merry making. The kids love it, but so do the adults. Ask Rev Gail about my famous hot mulled wine. Finally, to add more fun to your season, do not miss our annual RE Holiday service, scheduled for Sunday December 13. There will be singing and dancing, appearances by holiday sprites, and our own rendition of "The Gift of the Magi". Spend the holidays here with us at UUCFL and banish those sometime holiday blues.



*Love and Blessings, Susan*

### Children's RE Calendar for November

Sunday November 1, 11AM  
Car Wash to Support Afghan Teachers  
All Kids will Participate

Sunday November 8, 11AM  
Regular RE Class  
Kids Start in Class

**Sunday November 15, 9:30AM**  
**RE Committee Meeting**  
**All Are Welcome and Encouraged**

Sunday November 15, 11AM  
Regular RE Class  
Kids Start in Class

Sunday November 22, 11AM  
Intergenerational Service and Fall Feast  
Kids will Attend Church with their Parents. Nursery is open for those 5 and under.

Sunday November 29, 11AM  
Regular RE Class  
Kids Start in Class



### Adult RE Calendar for November

Rev Gail and I are continuing our Adult RE "Transformative Tuesdays". She covered her upcoming classes on page 2 of the Journey.

"Heart to Heart" will feature four more topics for November. On 11/3 it will be Success and Failure, on 11/10 Friendship, on 11/17 Doubt, and on 11/24 it will be Endings. My class is offered at 4PM, and you can stay for a delicious \$3.00 soup supper.

### Living Our Faith

The group of volunteers at our Saturdays at the Cooperative Feeding Program are having fun, doing good work, and getting to know one another. Our last work day saw a large group of church members turn out. Our crew worked in the pantry, and on the serving line. Our next workday at the CFP will be on November 7. We meet at the church at 8AM to carpool, or you can meet us at the CFP at 8:45. Sign up sheet is in the back of the sanctuary. Join us, and make a difference.

*Susan Dirgins Friend, Director of Religious Education*



COOPERATIVE FEEDING PROGRAM

**Stewardship Committee Asks...Why be Generous?**

- To fund what we love
- To have right action
- To ease guilt and do our part
- It feels so good
- To be a miracle without dying
- As a spiritual practice
- To maintain our lovely community
- To follow our leaders
- To support good work
- To take care of the house
- To fund a dream for tomorrow
- Because it's our turn
- To get your sheep pin
- So you can vote next year
- To get the U.U. world
- To avoid being part of the problem
- Because I'm so darned grateful for the work of others before
- Because the Bible / Koran tells me so
- Because my parents did
- To save the world
- And pay my own way
- So I can get more \$2.00 lunches
- For practice for when I become a member
- To do one more impossible thing
- Because I can
- To pay for those who cannot
- To get my Steward-sheep



If you have not had the opportunity to turn in your pledge for 2010 yet, we urge the Whole Flock of UUCFL Members and Friends to gather together and renew your commitment to our beloved community.

Please see Myra, Douglas, Gary, Rev Gail, or President Ken so that we can plan for a strong church year. Forms are available at the church or go to [www.uucfl.org](http://www.uucfl.org) and click on "Newcomer Resources" and scroll down to Annual Stewardship Pledge Card to download a copy. Thank you for your generosity.

**Stewardship Committee**

**Bingo Fundraising Every Wednesday for UUCFL**



Let's make this a Win Win Win Situation! It is time for us to get excited and pull together on our major fundraising effort of Bingo. If you have not volunteered yet, this is the time to get in the groove.

If promoted well, this could bring a great deal of funds to the church, and we need your help to make it work. This is an all church effort as voted by our congregation and we all need to do our part to make it successful.

We run every Wednesday. Doors at 6pm. Calling at 7pm. I am pledging to be here every Wednesday night that we run unless I am working or out of town, so I am sure you will all do your fair share of being here to work the game, spread the word to the public (This is the key!!), help in the kitchen, setup/breakdown or come to play. We are looking at this as a great fundraiser and team building effort which will also be a blast. We will have lots of fun together working toward the common goal of fundraising to make our church stronger.

Please call or email me at 954-969-7221 or [garylada@mindspring.com](mailto:garylada@mindspring.com).

**Gary Ladka**

**Music Notes**

What a treat it is to have our choir singing for us twice a month again. We are so fortunate to have Susan Friend conducting our rehearsals and the Sunday anthems.



A highlight of the October programs was the dedication of our new organ donated by Charlie Prather. The guest organist, J. W. Arnold is a real artist. Did you listen to his after service recital on October 25? This special music was provided by Charlie, who deserves our thanks. We also thank him for his pre-service organ selections and for enhancing the hymns every Sunday that he is in town.

Now we look forward to the Jazz Concert on November 7 at 8 PM. If you attended last year, you know what a delightful evening of music is provided by these talented artists.



The group will be a little different this year.

Bob Vandivort and Ira Sullivan, flute, sax, and trumpet; James Ousley on bass; Brad Keller, piano; and Orlando Hernandez, drums.



This is presented by the Music Committee, who will receive \$20 donations per person at the door. Family groups may check with Douglas Paul or Dot Muese for special rates. As in the past, wine, soft drinks, and snacks will be available for sale. This concert is open to the public - invite your friends and foes, if any.

Now we move into the holiday mode. The choir will sing on November 8 and November 22, Thanksgiving Sunday. We look forward to the joys of Christmas music during December. More about that later.

We wish David Fisher extended life, and David Armstrong a speedy recovery from heart surgery.

See you all at the Jazz Concert!

**Dot Muese, Director of Music**

**Save \$ with "Share Florida" Food Network**

UUCFL is now part of the "Share Florida Food Network". This monthly nonprofit service allows you to order a variety of items through our participation as a "Host Site" for pick up of ordered items. Deadline for November Orders is the 4th with pickup date on the 21st.

We take orders Sundays after service and on Wednesdays from 2:00pm - 4:00pm in the Library. Pickup times will be 9:00am - 10:00am on the delivery dates and it is most important that you pick up your food at this time, as we have no means of storing it. No membership required and anyone can participate. Visit [www.shareflorida.org](http://www.shareflorida.org) to find out about monthly packages and specials.

*Laura Lange and Susan Friend*

**CUUPS Update**

As you read this, we should be celebrating the success of our 12th annual Witches Ball.

We were asked by CUUPS folk in Louisville, KY, if they could borrow from our online ritual library at [MoonpathCUUPS.Org/rituals/](http://MoonpathCUUPS.Org/rituals/) Of course, we said yes. We are Pagan evangelists.

We have no sabbats in November. Thursday Study Groups continue. Nov 5 we will hear of "unfinished business with our departed". Nov 12 one of our own will produce her first public ritual. More will follow as we move from the time of the final harvest towards Yule. Happy holidays,

*Kip, Resident Pagan*

**Book Discussion Group**

November being one of our busiest times, this next book discussion group selection will be up to you, as long as it is by or about May Sarton. She was a quite prolific writer, and a Unitarian Universalist. Be it a poem, short story, novel, biography or one of her

journals, read something by or about her (even if it is something out of the hymnal on Sunday morning) and come and join us after service on Sunday, November 29.

*Melanie Taffel*

**Labyrinth Café Concert**

**Saturday, November 14, 2009 - 7:30 pm**

**Jennings and Keller/**

**Scott and Michelle Dalziel**

Jennings and Keller is Laurie Jennings Oudin and Dana Keller, an acoustic duo based out of Miami, Florida. They bring a wealth of experience to their collaboration, from the Broadway musicals of New York to the honky tonks of West Texas. Their music is called "Fusion Folk Americana" - a blend of many different elements that comes from their vast and wide-ranging musical backgrounds. Laurie Jennings Oudin is well-known as the former proprietress of The Main Street Cafe, which was

viewed across the country as the premier acoustic music venue in Florida. Dana Keller is a veteran pedal steel, dobro, and guitar player. The synergy created from these two diverse talents is not easy to define, but will leave a lasting impression on all who listen.

The fresh and soulful sounds of Scott and Michelle Dalziel's voices, combined with their high energy performance, memorable and meaningful songwriting, and instrumental finesse, put them in a category all their own. Said to have more sound than two people should be allowed, acoustic Rock or Folk genres could very well hold them but not completely. They dip down into R&B, Jazz, roots, and Blues showing the versatility of this duo. Since their Kerrville Folk Festival and South West Regional Folk Alliance Debut's in 2004, they are gaining recognition and respect from not only audiences, but from venue owners and established artists alike.



Reservations requested but not required:  
Contact Myra at [Myrafly@yahoo.com](mailto:Myrafly@yahoo.com) or  
Susan at [OzWoman321@aol.com](mailto:OzWoman321@aol.com) or 954-478-8637

\$15 at the door, plus non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula); advance reservations: \$12, checks (made out to Doug Spears or Grant Peeples) received in the UU church office no later than Wednesday before Saturday show.

We're once again offering a season pass which includes admission to all shows, as well as a Labyrinth Cafe T-shirt (designed and printed by Virginia and Erik, Labyrinth Cafe volunteers) and premium reserved seating. It's a wonderful way to support the UU church, our performers and the continuation of live, original music!

Please visit [www.labyrinthcafe.com](http://www.labyrinthcafe.com) for further details and the artists' websites, as well as [www.myspace.com/labyrinthcafe](http://www.myspace.com/labyrinthcafe) for song samples!

*Susan Moss - Labyrinth Café Concerts*

### Words from the Board

At the October 12 meeting of your Board of Trustees:

- Sandy Walker provided an update on our facilities rental situation. The Seventh Day Adventist congregation will be leaving at the end of October; however, we expect to pick up another tenant who will be using the multipurpose room on Saturday mornings.
- Betty Highton gave us an update on Building and Grounds
- Mara Newman gave us an update on SHARE Florida
- Myra Symons-Kazanci gave us updates on Sunday Services, Membership, and Stewardship.
- Douglas Paul brought us up to date on Music and Interweave, which may have a World Aids Day Event.



We also reviewed our current cash balance situation, and options for meeting our financial obligations for the remainder of 2009.

Your board meets again on Monday, November 9 at 7:00 pm.

**Ken Beier - President**

### Winter is the Perfect Time to SWIM!!

SWIM (Unitarian Universalist Southeast Winter Institute in Miami) is an all-ages Unitarian Universalist camp held near Miami, Florida between Christmas and New Years Day. Revitalize your spirit with Unitarian Universalists at Camp Owaissa Bauer for a week of fun, fellowship and worship. Enjoy a low-cost vacation with like-minded UUs and kindred spirits. Choose from a wide variety of workshops to relax, reflect and stimulate your mind. Outdoor adventures feature the unique beauty of the Florida Everglades and range from strenuous to relaxing. We provide special programs for children, teens and young adults. If you are a performer, show us your talent at the Coffeehouse. If you like dancing the night away, join us at Serendipity. Do you have something to buy or sell? Visit the SWIM Store.



SWIM to the website at [www.swimuu.org](http://www.swimuu.org) for more information and to register.

### Office Notes November 2009

Good wishes to all from the UUCFL Office. Either the heat has driven me crazy or the weather is actually a bit cooler. It has been rough to get out early enough to tend my garden.

The Climbing Spinach has finally gone to seed. Let me know if anyone wants some seeds.

The Lime Basil I replanted from last season's seeds has come up despite the heat wave.

I have it growing in a shaded spot. As usual, I don't water often enough, but it is strong and has a will to survive.

The calendar is busy. With the Fall Holiday Season, be reminded that it is important to schedule your events, here at UUCFL, as early as possible.

Mary Bardis is the gal to see about signing up for **THANKSGIVING DINNER at UUCFL**.

You can sign on with me, in the office, as well. It was so pleasant last year. Friends and Family feasting and sharing. Pleasant, relaxed fellowship, and then desserts with tea, coffee and conversation.

If you can bring a covered dish and donate \$5. Great. If not.....Great.

Having you there is the most important thing.

Doors open at 2:00 PM - Dinner served at 3:00 PM. There will be Turkey and Ham, Pumpkin pie and Yams. A loaf of bread, a jug of wine and if you are bringing a 'dish', let us guide your choice, so we don't end up with 8 green bean casseroles.

**Please do sign up as soon as you can. That helps the organizers. Thanks so much.**

Just a reminder. Please keep your eyes open when you are at the Church.

Please be sure doors close properly behind you, and that they are locked, when you are the last person to depart the building.

A very positive attitude is: *Safety First*.

Come by the office any time. Your thoughts and suggestions are welcome.

Good wishes.



**Sandy**

### UUA Trustee Tidbits

Many of you have read Michael Durall's new book, *The Almost Church Revitalized*, the "sequel" to *Almost Church*. Both provide valuable information and Durall's opinion of who we are, and our faith's numerical lack-of-growth over a number of years. What struck me is his message that although we, as Unitarian Universalists profess a status of being a "public" faith, one whose primary purpose is to serve the public good, in reality many of our congregations may not be addressing the significant issues of our wider world. Durall believes that most of our congregations are inward focused, thus "private" in nature. His writing prompted me to research UUA grants that congregations can receive for outreach beyond their four walls. One is featured this month.

The Fund for UU Social Responsibility offers grants to UU organizations to increase their direct involvement in service, advocacy, and/or community organizing to create justice in the larger world; to increase linkage between UUs and the larger community; and to foster a spirit of generosity and action in all aspects of UU communities. Priority is given to new programs, groups who are growing, and those involved in creating social and economic growth. Matching grants are available to congregations considering participation in a Congregation-Based Community organizing group. The maximum grant is \$20,000; the average grant is \$8,800. The grant is made for one year; a second year may be possible after submitting a new proposal and a report about the funded grant year. Although a third year may be possible it is not likely; the Fund is not sustaining. Applications are accepted twice a year, March 15<sup>th</sup> and September 15<sup>th</sup>; complete application information is available on our UUA web site.

The grant is diverse in nature, and recent ones include: a community garden that will provide fresh produce daily for 1000 at-risk children; a program that ensures transportation for clients of a Healthy Start initiative which provides in-home mentoring services to struggling families at risk for child abuse; and the creation of an alliance between the religious community and the homeless community.

There are some restrictions. This grant is not made to individuals or for activities that are part of the ongoing work of UU institutions. The grant cannot be used as a pass-through from a UU congregation to a local non-profit organization, but can go towards enhancing UU involvement in a project.

On a personal note, I wish each of you a blessed Thanksgiving and peace in your heart as we approach the holiday season. I can be reached at [jlund@uua.org](mailto:jlund@uua.org) or 813-931-9727 and always look forward to hearing from you.

*Joan Lund, UUA Florida District Trustee*



### UUA (Unitarian Universalist Association) President's Letter to UUs on Health Care Debate

Friends,

The current hysteria and rancor in the debate over health care policy are profoundly disturbing. The issues here go far beyond normal public policy debate. Religious principles central to our shared Unitarian Universalist (UU) faith are involved.

The first religious principle at stake is compassion. We must be a strong, persistent voice that reminds our nation and our leaders that compassion is central to all major faith traditions. We must insist that health care reform protects those without political clout: children, the poor, the disabled, the elderly. To stand on the side of love is to stand with those who are on the margins.

The second principle of our faith we must affirm today is our commitment to the democratic process. We are witnessing cynical demagoguery that plays on fear in order to defend privilege. There is no place for intimidation in our public discussion. Demagogues foment fear and panic that lead to violence. As religious people we must oppose intimidation.

True democracy can only exist where each voice is heard, where debate is open and civil, where people can disagree without being threatened. Good people can and do disagree about health care policy. However, we must all join together to demand open, respectful debate.

As religious people, let us insist on two things: We must create a health care system that protects the most vulnerable, and we must insist on a democratic process that is open to all.

Faithfully,

*Peter Morales*



## Directory of Staff, Board, Committee Chairs & Affiliates

### STAFF

- **Minister**  
Rev. Gail Tapscott.....954-288-4245
- **Office Administrator**  
Sandra Walker.....954-484-6734
- **Director of Religious Education**  
Susan Dirgins-Friend.....954-424-1910
- **Music Director**  
Dorothy Muise.....954-731-8790
- **Choir Director**  
David Fisher .....954-567-2677

### BOARD OF TRUSTEES

- President**  
Ken Beier.....954-537-3361
- Vice President**  
Mara Newman.....954-492-1005
- Secretary**  
Judy Knopp .....954-563-8529
- Treasurer**  
Bill Cox.....954-730-7763

### Trustees

Valerie Heller.....	954-768-0798
Betty Highton.....	954-484-6313
Douglas Paul.....	646-256-1421
Colette Saucier .....	954-240-3759
Myra Symons-Kazanci .....	954-779-2240
Melanie Taffel.....	954-298-9827

### COMMITTEE CHAIRS

<b>Building &amp; Grounds</b>	
Steve Lange.....	954-257-9262
<b>Stewardship (aka Canvass)</b>	
Myra Symons-Kazanci .....	954-779-2240
<b>Community Outreach</b>	
Empty Bowls Project	
Colette Saucier .....	954-240-3759
SHARE Florida Food Network	
Laura Lange.....	954-584-2499
Cooperative Feeding Program	
Rev. Gail Tapscott.....	954-288-4245
Coalition to End Homelessness	
Nicole Shulman.....	954-942-0394

### Webmaster

Kip Barkley.....954-784-8307

### Printed Newsletter – The JOURNEY and Email Newsletter - The cUUrious cUUrier

Gary Ladka.....954-969-7221



### Caring Committee

Molly Lesnick ..... 954-587-9552

### Library

Joe DeAngelis.....954-973-1337

### Finance

Douglas Paul.....954-331-5025

### Building Usage

Sandra Walker.....954-484-6734

### Human Resources

Mara Newman.....954-492-1005

### Labyrinth Café Concerts

Susan Moss.....954-433-2372

### Membership

Mary Bardis .....954-298-9779

### Ministry

Kathleen Rhoad.....954-627-2665

### Religious Education

Laura Lange.....954-584-2499

### Sunday Services

Susan Moss.....954-433-2372

### Ways & Means

Virginia Anderson.....954-975-4686

### ASSOCIATE & AFFILIATE GROUPS

#### • CUUPS

Kip Barkley.....954-784-8307

#### • Endowment

Dot Muise .....954-731-8790

#### • Interweave

Douglas Paul.....646-256-1421

#### • Southeast UU Cluster

David Armstrong.....954-730-7763

#### • UU Service Committee

Noralee T aylor.....954-776-4226

Unitarian  
 Universalist  
 Church of Ft. Lauderdale

### The Market Place

## Body, Mind & Spirit

Keep it together  
with Chinese Medicine

Mary Bardis LAc, RN

954-298-9779

www.marybardis.com

Gentle Acupuncture  
Extraordinary Vessel Healing  
Chinese Herbs  
Homeopathic Formulas  
Gentle Detoxification

20% off services and products for UUCFL members



80% of My Clients Experience  
Significant Changes or Results  
In Only Three Sessions

Vondette E. Brinson, CBP, PaRBP, MLDT, LMT

954-226-3612



\*Allergies \*Personal Growth  
\*ADD/ADHD \*Rehabilitation  
\*Arthritis \*Sports Performance/injuries

www.BalancingbyN8.com BalancingbyN8@aol.com



MetLife®



As your life changes,  
so do your financial needs.

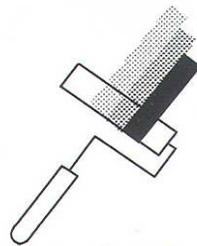
Douglas Paul  
Financial Services Representative  
5900 N. Andrews Avenue, Suite 800  
Fort Lauderdale, FL 33309

Call Douglas Paul today at 954-331-5025.

Insurance and annuities offered by Metropolitan Life Insurance Company. Securities products offered through registered representatives of MetLife affiliated broker/dealers including Metropolitan Life Insurance Company (member NASD) or MetLife Securities, Inc. (member NASD/SIPC). L0607KQYF(exp0708)ENT-LD

## Preferred Painting

Interior - Exterior  
Drywall Repairs & Pressure Cleaning



Scott Bejlovec  
(954) 782-6433

Lic. & Ins.  
884977PUX

## Garden of Essentials

Essential Oils & Aromatherapy  
Products

GardenOfEssentials.com

954-298-9779

Mary Bardis LAc, RN



Arlene Lakin, Esq.  
Attorney at Law

PALM LAKES PLAZA  
7284 WEST ATLANTIC BOULEVARD  
MARGATE, FLORIDA 33063

TELEPHONE (954) 975-5159  
FACSIMILE (954) 972-4701



### November Birthdays

- |                       |                         |
|-----------------------|-------------------------|
| Erik Anderson 11/1    | Collette Broadway 11/19 |
| Ken Beier 11/2        | Dorothy Bellick 11/20   |
| Marilyn Freire 11/4   | Katie McAlpin 11/25     |
| Coral Horton 11/4     | Susan Blake 11/26       |
| Magnus Oberg 11/8     | Bradlee Backman 11/27   |
| Jeffery Maxwell 11/11 | Hannah Solis 11/30      |



If you would like to see your birthday announced here and in the cUUrious cUUrier email newsletter, please contact Sandy in the office to make sure we have your updated information in the computer

### Remember the Hungry People Around Us

Please continue to fill the Food Baskets at the church with non-perishables for the Cooperative Feeding Program.



Learn more about the CFP and other ways you can help.

Visit [www.feedbroward.org](http://www.feedbroward.org)  
or call (954) 792-2328

Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat



# November Calendar

Every Sunday :  
11:00 AM-  
Church Service  
and Children's  
Religious Education

<b>1</b> •9:30am-UU Sisterhood	<b>2</b> 7:30pm - Peaceful Meditation	<b>3</b> •4:00pm - Transformative Tuesday Classes (see page 2 and 4) •7:00pm—Choir Rehearsal •5:30pm—Gentle Yoga	<b>4</b> Share Florida Order Deadline •10:30am - Chair Yoga •6:00pm - Bingo 7:00pm - Knitting Class with Melanie	<b>5</b> 7:30 pm CUUPS	<b>6</b>	<b>7</b> •8:00am—Cooperative Feeding Program Workday (See page 7) •8:00pm—Jazz Concert (See page 5)
<b>8</b> •12:45pm—Membership Committee •1:00pm—Monthly Enrichment Program (see page 2)	<b>9</b> 7:00pm - Board Meeting	<b>10</b> •4:00pm - Transformative Tuesday Classes (see page 2 and 4) •7:00pm—Choir Rehearsal •5:30pm—Gentle Yoga	<b>11</b> •10:30am - Chair Yoga •6:00pm - Bingo •7:00pm - Knitting Class with Melanie	<b>12</b> 7:30 pm CUUPS	<b>13</b>	<b>14</b> •7:30pm Labyrinth Café (see page 6)
<b>15</b> Journey Submission Deadline •9:30am-UU Sisterhood •9:30am—RE Committee	<b>16</b> •7:30pm—Sunday Services Committee •7:30pm—Peaceful Meditation	<b>17</b> •4:00pm - Transformative Tuesday Classes (see page 2 and 4) •7:00pm—Choir Rehearsal •5:30pm—Gentle Yoga	<b>18</b> •10:30am - Chair Yoga •6:00pm - Bingo •7:00pm - Knitting Class with Melanie	<b>19</b> 7:30 pm CUUPS	<b>20</b>	<b>21</b> •9:30am—Share Florida Food Pickup •2:00pm - Building & Grounds Workday
<b>22</b> 12:30pm - UUCFL Fall Feast (See page 4)	<b>23</b>	<b>24</b> •4:00pm - Transformative Tuesday Classes (see page 2 and 4) •7:00pm—Choir Rehearsal •5:30pm—Gentle Yoga	<b>25</b> •10:30am - Chair Yoga •6:00pm - Bingo •7:00pm - Knitting Class with Melanie	<b>26</b> Happy Thanksgiving 2:00pm—Church Thanksgiving Dinner (see page 7)	<b>27</b>	<b>28</b> •7:30pm—Emma's Revolution Concert

**29**  
 •12:45pm—Book Discussion

**30**

Visit our on line calendar for late-breaking events [www.uucfl.org](http://www.uucfl.org) and click "Coming Activities"



Religious Education Events  
See special calendar on the RE page 4

# Unitarian Universalist

Church of Ft. Lauderdale

3970 NW 21st Avenue

Minister: Rev. Gail Tapscott

Phone: 954-484-6734

Fax: 954-484-6778

E-mail: uucfl@aol.com

Website: www.uucfl.org

Sundays Service & Children's  
at 11 am: Religious Education

The JOURNEY



Sunday Morning Services at 11 am

NOVEMBER 2009

**November 1- LIFE IS A VERB** - by Susan Moss - Susan shares her thoughts on Patti Digh's book, with the premise: What would I be doing today if I had only 37 days left to live? The book is, in Patti's words, "about living each individual, glorious day with more intention. It was simply about saying yes, being generous, more fully inhabiting the life I have, not creating a new one."

**November 8 - ARE UU BUDDHISTS THE HUMANISTS OF THE FUTURE?**- Rev. Gail is not a practicing Buddhist but a seemingly ever increasing number of Unitarian Universalist Ministers and UUs in the pews are practicing some form of this non-theistic system of self development. Rev. Gail has spent time in the last year studying some of the most ancient Buddhist scriptures and will share her view that this tradition has a bright future in our religious communities.

**November 15- HEALTH CARE AND RELIGION: AN ETHICAL IMPERATIVE**- Regardless of where we are in the health care debate on the day of this sermon, Rev. Gail feels this is a conversation that will be going on far into the future. She feels that liberal religious communities need to become major players on this issue for the long haul.

**November 22 - THANKSGIVING THEOLOGY** - On this day we celebrate Association Sunday and give thanks for being part of a larger community of Unitarian Universalists all over the U.S. and the world. We will hear some testimonials from Rev. Gail and from members who have attended recent denominational, district and cluster events or been on Unitarian Universalist Pilgrimages. We will also be raising money to fund our new vision of being a home for the spiritually hungry and the religiously homeless.

**November 29 - GOING WITH THE FLOW- TAOISM FOR TODAY**- Taoism was hot in the 1960's when every self respecting hippie liberal had a Yin Yang symbol on their VW bug or van. Rev. Gail will take a look at what this ancient Chinese tradition has to offer us in a very different kind of cultural, political and economic atmosphere.

**December 6- WAITING FOR THE KINGDOM**- In this season of Advent in the Christian world, it is worthwhile to examine that almost every religious tradition is waiting for something- a Messiah, a Second Coming, the Shambala period, the end of Kali Yuga. What are Unitarian Universalist waiting for? Rev. Gail will offer some suggestions for answering this question.



Happy Thanksgiving